



Friends Center for Children Emotional Wellbeing Program

Contributions to the Mark Kravitz Fund help fuel our Emotional Wellbeing Program, which works to engage and support all the families in our community, from helping them navigate day to day obstacles or transitions to providing critical support as they face more intense traumas and situations. Here are a few of stories from families impacted by this support:

Friends Center for Children has meant so much to our family. I realized early on, when speaking to the Emotional Wellbeing Coordinator (EWBC), that this is a place that fosters the well-being of the entire family. My husband and I have met with the EWBC regularly for the past 2 1/2 years. We received invaluable guidance on consistently addressing our child's behavior with empathy and support. They have also been generous with their support of parents as partners and individuals. They strike a wonderful balance between offering evidence-based information and strategies, and heartfelt, intuitive words of wisdom. The EWBC program is one of our favorite facets of all that Friends Center for Children has to offer. - Anne Rhodes

Our family really appreciated the extra support from the Emotional Wellbeing program this year as we were going through many transitions at home, including moving and a new baby. The care and kindness the team showed our family as well as the thoughtful, deep feedback on our child's development through these transitions helped us in turn support our own little one outside of the programming at Friends Center. We are grateful. - Suzannah Holsenbeck

this year
we supported

32

families
experiencing
difficult
life events...

...and provided

41

families
with general
emotional-
wellbeing
support

